

# BROSTROM PHYSICAL THERAPY SPINE AND EXTREMITY INSTITUTE OF SOUTH LYON, LLC

#### **PATIENT INFORMATION**

| First Name:  | MI:           | Last Name:              |              |          |             |
|--|---------------|-------------------------|--------------|----------|-------------|
| * <b>Phone</b> : (home)<br>*From time to time, it may be necessary for th                              |               |                         |              |          |             |
| pertaining to appointment times, health insur  |               |                         |              |          |             |
| numbers where you authorize the Brostrom P   |               |                         |              |          |             |
| • Appointment times 🛛 🗆 Home Phon  | e 🗆 Ce        | ll Phone                | Work Pho     | one      |             |
| • Health insurance coverage  |               |                         |              |          |             |
| • Treatment information  |               |                         |              |          |             |
| Address:   |               |                         |              |          |             |
| City:  | State:        | Zip:                    |              |          |             |
| E-Mail Address:  |               |                         |              |          |             |
| Sex: M F Date of Birth:  | Ma            | rital Status: m         | s d          | W        |             |
| Student Status: 🗆 Full-time  | 🗆 Part-tim    | e 🗌 Not a Stu           | dent         |          |             |
| Employment Status:   Full-time   | 🗆 Part-tim    | e 🗆 Unemploy            | yed □F       | Retired  |             |
| Primary Care Physician (PCP):  |               |                         |              |          |             |
| Are you being treated for an injury or illn  | ess in which  | a party <u>other th</u> | nan your hea | alth ins | urance      |
| company has been found responsible? (F   |               |                         |              |          |             |
| **If yes, please indicate: 🗆 Auto 👘 Wo   |               |                         |              |          |             |
| **If yes, please indicate date of onset (ir  |               |                         |              |          |             |
| Emergency Contact with Phone Number  | . Name:       |                         |              |          |             |
| Phone #:   |               |                         |              |          |             |
| Appointment times  | ance coverage | E Treat                 | ment informa | ation    |             |
| Optional: <u>Additional</u> person (besides emergency insurance coverage, and/or treatment information |               |                         |              | nent tim | nes, health |
| Name:  | Relationsh    | ip:                     |              |          |             |
| Appointment times Health insur   | ance coverage | e 🗌 Treat               | ment informa | ation    |             |
| How did you hear about Brostrom Physic   | cal Therapy?  |                         |              |          |             |
|  |               |                         |              |          |             |
| To be completed if you have <u>Medicare</u> as   | active insur  | ance:                   |              |          |             |
| <b>1)</b> Are you receiving any form of in-home ca   |               |                         |              | Yes      | Νο          |
| 2) Do you have Group Health Coverage the   |               |                         |              |          |             |
| employer? (Note: if you have a <b>retireme</b><br>employer, answer no and skip to questio              |               | n your current or fo    | ormer        | Yes      | Νο          |
| <ul><li>2a) If yes, are there 20 or more employees w</li></ul>   |               | employer providing      | coverage?    | Yes      | No          |
| 3) Do you have a Workers-Compensation S  |               |                         |              |          | . <u> </u>  |
| A WCMSA is a financial agreement that a  |               | ion of a workers co     | mpensation   | Yes      | Νο          |
| settlement to pay for future medical serv  | vices.        |                         |              |          |             |

By signing, I authorize that the above information is accurate and complete to the best of my knowledge. I also understand this form will act as an authorization of release of information to the people and phones specified above.

| <b>BROSTROM PHYSICAL THERAPY</b>                 |  |
|--|--|
| SPINE AND EXTREMITY INSTITUTE OF SOUTH LYON, LLC |  |

2

## HEALTH QUESTIONNAIRE - HIP, PELVIS, UPPER LEG

| Name:                       |             |          |             |          |                  |       | Date:              | 1   | 1             |                 |     |
|-----------------------------|-------------|----------|-------------|----------|------------------|-------|--------------------|---|---------------|-----------------|-----|
| *Please ref                 | er to the ( | Сотра    | rative Pai  | in Sca   | <i>le</i> docume | nt to | answer the         | following   | question: Ho  | w much p        | ain |
| have you ha                 | d in the pa | ast 24 ł | nours (ple  | ase cir  | rcle)?           |       |                    | -   |               |                 |     |
| 0                           | 1           | 2        | 3           | 4        | 5                | 6     | 7                  | 89  | 10            |                 |     |
| Height:                     | feet        |          | inche       | s        | Weigh            | t:    | lbs                |   |               |                 |     |
| Have you re<br>a.           |             |          |             |          |                  |       | Yes 🗆 No<br>een:   |   |               |                 |     |
| Have you ha                 | •           |          |             |          |                  |       | o<br>ve had:       |   |               |                 |     |
| When did tł                 | nis conditi | ion be   | gin?        |          | days a           | igo   |                    |   |               |                 |     |
| <b>Are you tak</b><br>a.    |             |          |             |          |                  |       | Yes 🗆 No           |   |               |                 |     |
| How often l<br>prior to the |             |          |             |          | o minutes o      | ofexe | rcise such a       | s jogging,  | cycling, or b | risk walki      | ng  |
| 🗆 At least th               | ree (3) tin | nes per  | week        | □ O      | nce or twic      | e a w | eek                | Seldom of Sel | ornever       |                 |     |
| /ould you hav               | e any diffi | iculty ı | using you   | r affe   | cted leg(s)      | to:   | Extreme/<br>Unable | Quite a<br>bit  | Moderate      | A little<br>bit | No  |
| erform your usu             | al work, ho | usewor   | k, or schoo | ol activ | ities?           |       |                    |   |               |                 |     |
| lake sharp turns            | while runn  | ing fast | ?           |          |                  |       |                    |   |               |                 |     |
| oll over in bed?            |             |          |             |          |                  |       |                    |   |               |                 |     |
| et in and out of            | the bath?   |          |             |          |                  |       |                    |   |               |                 |     |
| quat?                       |             |          |             |          |                  |       |                    |   |               |                 |     |

# Please rate your ability to do the following activities in the last few days by circling the number below the appropriate response:

| Нір FOTO  | Extreme<br>difficulty/<br>unable | Quite a<br>bit of<br>difficulty | Moderate<br>difficulty | A little<br>bit of<br>difficulty | No<br>difficulty |
|---|----------------------------------|---------------------------------|------------------------|----------------------------------|------------------|
| 1. Are you having any difficulty going up or down 10 stairs (about 1 flight of stairs)?       | 1                                | 2                               | 3                      | 4                                | 5                |
| 2. Are you having any difficulty getting into or out of the car?                              | 1                                | 2                               | 3                      | 4                                | 5                |
| 3. Are you having any difficulty standing for 1 hour?   | 1                                | 2                               | 3                      | 4                                | 5                |
| 4. Are you having any difficulty walking a mile?  | 1                                | 2                               | 3                      | 4                                | 5                |
| 5. Are you having any difficulty running on even ground?                                      | 1                                | 2                               | 3                      | 4                                | 5                |
| 6. Are you having any difficulty walking between rooms?                                       | 1                                | 2                               | 3                      | 4                                | 5                |
| <ol><li>Are you having any difficulty hopping?</li></ol>                                      | 1                                | 2                               | 3                      | 4                                | 5                |
| 8. Are you having any difficulty performing heavy activities around the home?                 | 1                                | 2                               | 3                      | 4                                | 5                |
| 9. Are you having any difficulty performing light activities around the home?                 | 1                                | 2                               | 3                      | 4                                | 5                |
| 10. Are you having any difficulty lifting an object, like a bag of groceries, from the floor? | 1                                | 2                               | 3                      | 4                                | 5                |

TOTAL

|     | Therapist Use Only |     | Sum =    |     | FS Score = |     | % Ini    | tials: |          |
|-----|--------------------|-----|----------|-----|------------|-----|----------|--------|----------|
| Sum | FS Score           | Sum | FS Score | Sum | FS Score   | Sum | FS Score | Sum    | FS Score |
| 10  | 5.96               | 19  | 36.18    | 27  | 49.12      | 35  | 59.95    | 43     | 71.99    |
| 11  | 12.74              | 20  | 38.06    | 28  | 50.52      | 36  | 61.31    | 44     | 73.84    |
| 12  | 17.44              | 21  | 39.84    | 29  | 51.90      | 37  | 62.70    | 45     | 75.84    |
| 13  | 21.25              | 22  | 41.53    | 30  | 53.26      | 38  | 64.12    | 46     | 78.07    |
| 14  | 24.44              | 23  | 43.15    | 31  | 54.60      | 39  | 65.58    | 47     | 80.59    |
| 15  | 27.24              | 24  | 44.71    | 32  | 55.93      | 40  | 67.08    | 48     | 83.57    |
| 16  | 29.75              | 25  | 46.22    | 33  | 57.26      | 41  | 68.64    | 49     | 87.45    |
| 17  | 32.05              | 26  | 47.69    | 34  | 58.60      | 42  | 70.27    | 50     | 94.05    |
| 18  | 34.19              |     |          |     |            |     |          |        |          |



# **BROSTROM PHYSICAL THERAPY**

SPINE AND EXTREMITY INSTITUTE OF SOUTH LYON, LLC

#### Have you had 2 or more falls <u>or</u> a fall/falls with injury in the past 12 months? Do you find that your employment duties are restricted by your current condition? Ves No

| PHQ-2: Over the two weeks, how often have you been bothered by any of the following problems? |            |              |                         |                  |  |
|---|------------|--------------|-------------------------|------------------|--|
|   | Not at All | Several Days | More than Half the Days | Nearly Every Day |  |
| Little interest or pleasure in doing things   | 0          | 1            | 2                       | 3                |  |
| Feeling down, depressed, or hopeless  | 0          | 1            | 2                       | 3                |  |
| Have you been previously diagnosed with depression or bipolar disorder? 🗆 Yes 🗆 No            |            |              |                         |                  |  |

Please review the following list of health problems that you may have. Please place an X in the line provided directly to the left of the health condition if you experience(d) it.

| Arthritis                       | Allergies ( 🗆 seasonal 🗆 food 🗆 latex/adhesives 🗆 meds 🗆 lotions/scen        |
|---------------------------------|--|
| Osteoporosis                    | (list:)  |
| Asthma                          | Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder) |
| COPD, ARDS, emphysema           | Visual impairment (cataracts, glaucoma, macular degeneration)                |
| Angina (chest pain)             | Hearing impairment (very hard of hearing, even with hearing aids)            |
| Heart disease                   | Back pain (neck pain, low back pain, DDD, spinal stenosis)                   |
| Heart attack                    | Kidney, bladder, prostate, or urination problems                             |
| High blood pressure             | Previous accidents   |
| Neurological disease            | Incontinence/bowel or bladder changes  |
| Stroke or TIA                   | Anxiety or panic disorders   |
| Pacemaker                       | Hepatitis, tuberculosis, or other blood-borne condition                      |
| Seizures                        | Prior surgery  |
| Peripheral Vascular Disease     | Prosthesis/Implants  |
| Headaches                       | Cancer   |
| Diabetes Type I or II           | Dizziness  |
| Sleep dysfunction               | Unexplained weight change  |
| Shortness of breath             | Numbness or tingling   |
| Nausea/Vomiting                 | Other (list:   |
| <br>Depression/Bipolar Disorder |  |

#### Please provide a list of all <u>current</u> medications in the table below. $\Box$ I am not currently taking any medications.

| <b>Medication Name</b><br>(including prescription, over-the-counter, herbal, vitamin,<br>and dietary supplements) | Dosage | Frequency | <b>Route Taken</b><br>(for example: oral, injection, inhaler, etc.) |
|---|--------|-----------|---|
|   |        |           |   |
|   |        |           |   |
|   |        |           |   |
|   |        |           |   |
|   |        |           |   |
|   |        |           |   |

Please list all surgeries, recent hospitalizations, and pertinent past medical history related to the condition for which you are seeking treatment:

| Surgery(ies):                   | Date: | Surgery(ies): | Date: |
|---------------------------------|-------|---------------|-------|
|                                 |       |               |       |
|                                 |       |               |       |
| Recent Hospitalization(s):      |       | Date:         |       |
|                                 |       |               |       |
| Pertinent Past Medical History: |       |               |       |
|                                 |       |               |       |
|                                 |       |               |       |

By signing, I authorize that the above information is accurate and complete to the best of my knowledge.



# **BROSTROM PHYSICAL THERAPY**

SPINE AND EXTREMITY INSTITUTE OF SOUTH LYON, LLC

### **PATIENT POLICIES**

**If you are completing the forms via the Internet:** Please open the "Patient Policies Packet" and read the enclosed information regarding your Bill of Rights, Brostrom Physical Therapy's HIPAA Private Policy Statement, Consent to Treatment, Financial Policy, and Cancellation and No-Show Policy. Once complete, initial in the corresponding boxes below to reflect your acceptance to comply with these Policies. Please note that it is <u>not</u> necessary to print the Patient Policies Packet unless you desire a personal copy.

**If you are completing the forms in-office:** Please read the attached Patient Policies Packet regarding your Bill of Rights, Brostrom Physical Therapy's HIPAA Private Policy Statement, Consent to Treatment, Financial Policy, and Cancellation and No-Show Policy. Once complete, initial in the corresponding boxes below to reflect your acceptance to comply with these Policies.

Note: A parent or legal guardian must initial each of the boxes below if you are under the age of eighteen (18).

| Initial: | COVID-19 Symptom Verification:  |  |  |  |  |  |
|----------|---|--|--|--|--|--|
|          | I understand and will comply with BPT's request to cancel and/or reschedule my appointment(s) if I                    |  |  |  |  |  |
|          | develop a fever (100.4°F), uncontrolled cough, or atypical new onset of shortness of breath, or at least              |  |  |  |  |  |
|          | two of the following not explained by a known physical condition: loss of taste or smell, muscle aches,               |  |  |  |  |  |
|          | sore throat, severe headache, diarrhea, vomiting, or abdominal pain.  |  |  |  |  |  |
| Initial: | Client Bill of Rights:  |  |  |  |  |  |
|          | I have read The Client Bill of Rights and agree to maintain by its standards.   |  |  |  |  |  |
| Initial: | HIPAA Private Policy Statement:   |  |  |  |  |  |
|          | I have been given the opportunity to read the <i>detailed</i> private policy statement. I understand this information |  |  |  |  |  |
|          | and agree to comply with the policies set forth in the <i>detailed</i> disclosure policy.                             |  |  |  |  |  |
| Initial: | Consent to Treatment:   |  |  |  |  |  |
|          | I give my consent for treatment and assignment of claim at Brostrom Physical Therapy.                                 |  |  |  |  |  |
| Initial: | Financial Policy:   |  |  |  |  |  |
|          | I authorize that I have read and understand Brostrom Physical Therapy's financial policy. I understand I am           |  |  |  |  |  |
|          | financially responsible for all charges for services rendered, including the balance remaining after all possible     |  |  |  |  |  |
|          | insurance payments or benefits.   |  |  |  |  |  |
| Initial: | Cancellation and No-Show Policy:  |  |  |  |  |  |
|          | I have read, understand, and agree to the Brostrom Physical Therapy Cancellation and No-Show Policy. It has           |  |  |  |  |  |
|          | been explained to me and my questions have been answered to my satisfaction.  |  |  |  |  |  |
|          |   |  |  |  |  |  |
|          | By signing below, I hereby authorize my consent to Brostrom Physical Therapy to send appointment reminders            |  |  |  |  |  |
|          | electronically via text message to my mobile phone or by e-mail. I understand that this service is offered free of    |  |  |  |  |  |
|          | charge, but standard messaging rates from my mobile carrier may apply depending on my plan. I can withdraw            |  |  |  |  |  |
|          | my consent to electronic communications by calling Brostrom Physical Therapy at (248) 446-0155.                       |  |  |  |  |  |
|          | Please initial in the corresponding boxes to indicate your consent to receive electronic appointment reminders:       |  |  |  |  |  |
|          |   |  |  |  |  |  |
|          | Text reminders Email reminders Decline electronic reminders   |  |  |  |  |  |
|          | Text reminders Email reminders Decline electronic reminders   |  |  |  |  |  |
|          |   |  |  |  |  |  |
|          |   |  |  |  |  |  |

Date: / /