



BROSTROM PHYSICAL THERAPY

SPINE AND EXTREMITY INSTITUTE OF SOUTH LYON, LLC

PATIENT INFORMATION

First Name: _____ Preferred: _____ Last Name: _____
(if applicable)

*Phone: (home) _____ (cell) _____ (work) _____

*From time to time, it may be necessary for the Brostrom PT staff to leave a detailed message on your phone pertaining to appointment times, health insurance coverage, or treatment information. Please check phone numbers where you authorize the Brostrom PT staff to leave messages containing the specified content:

- Appointment times ☐ Home Phone ☐ Cell Phone ☐ Work Phone
- Health insurance coverage ☐ Home Phone ☐ Cell Phone ☐ Work Phone
- Treatment information ☐ Home Phone ☐ Cell Phone ☐ Work Phone

☐ I prefer that the Brostrom PT staff does not leave detailed messages on any of my phones.

Address: _____

City: _____ State: _____ Zip: _____

E-Mail Address: _____

Sex: M F Date of Birth: _____ Marital Status: m s d w

Student Status: ☐ Full-time ☐ Part-time ☐ Not a Student

Employment Status: ☐ Full-time ☐ Part-time ☐ Unemployed ☐ Retired

Primary Care Physician (PCP): _____

Are you being treated for an injury or illness in which a party other than your health insurance company has been found responsible? (Please circle.) No **Yes

**If yes, please indicate: ☐ Auto ☐ Work ☐ Liability ☐ Other: _____

**If yes, please indicate date of onset (injury): _____

Emergency Contact with Phone Number. Name: _____

Phone #: _____ Relationship: _____

☐ Appointment times ☐ Health insurance coverage ☐ Treatment information

Optional: Additional person (besides emergency contact) to whom we can discuss your appointment times, health insurance coverage, and/or treatment information with (please check appropriate boxes):

Name: _____ Relationship: _____

☐ Appointment times ☐ Health insurance coverage ☐ Treatment information

How did you hear about Brostrom Physical Therapy?

To be completed if you have Medicare as active insurance:

- | | | | |
|-----|---|-----|----|
| 1) | Are you receiving any form of in-home care (such as in-home nursing or in-home PT)? | Yes | No |
| 2) | Do you have Group Health Coverage through you or your spouse's current or former employer? (Note: if you have a retirement plan through your current or former employer, answer no and skip to question 3). | Yes | No |
| 2a) | If yes, are there 20 or more employees working for the employer providing coverage? | Yes | No |
| 3) | Do you have a Workers-Compensation Set-Aside Arrangement (WCMSA)? A WCMSA is a financial agreement that allocates a portion of a workers compensation settlement to pay for future medical services. | Yes | No |

By signing, I authorize that the above information is accurate and complete to the best of my knowledge. I also understand this form will act as an authorization of release of information to the people and phones specified above.

Signature

Date



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HEALTH QUESTIONNAIRE – LUMBAR SPINE

Name: _____ Date: ____/____/____

***Please refer to the *Comparative Pain Scale* document to answer the following question: How much pain have you had in the past 24 hours (please circle)?**

0 1 2 3 4 5 6 7 8 9 10

Height: _____ feet _____ inches Weight: _____ lbs

Have you received treatment for this condition before? ☐ Yes (list: _____) ☐ No

Have you had any surgeries for this condition? ☐ Yes (#: _____) ☐ No

When did this condition begin? _____ days ago

Are you taking prescription medicine for this condition? ☐ Yes (list: _____) ☐ No

How often have you completed at least 20 minutes of exercise such as jogging, cycling, or brisk walking prior to the onset of your condition? ☐ At least three (3) times per week ☐ Once or twice a week ☐ Seldom or never

Today, because of your back problem, do you or

would you have difficulty:

| | Extreme/Unable | Quite a bit | Moderate | A little bit | No |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Using a broom? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Going up or down 2 flights of stairs (about 20 stairs)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Driving for 1 hour? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Performing usual work, housework, or school activities? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Performing heavy work, housework, or school activities? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Putting on shoes or socks? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Getting down to and up from the floor? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Standing for 1 hour? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Does or would your back problem limit:

Yes, limited a lot

Yes, limited a little

No, not limited at all

| | | | |
|---|--------------------------|--------------------------|--------------------------|
| Walking 1 block? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Walking around a room? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climbing 1 flight of stairs? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Walking more than a mile? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Walking several blocks? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lifting overhead to a cabinet? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climbing several flights of stairs? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Getting in and out of bed? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Bathing or dressing? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Participating in recreational activities? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please rate your ability to do the following activities in the last few days:

Lumbar FOTO*

| | Unable to perform | Extreme difficulty | Quite a bit of difficulty | Moderate difficulty | A little bit of difficulty | No difficulty |
|---|--------------------|--------------------|---------------------------|---------------------|----------------------------|---------------|
| 1. Are you having any difficulty performing any of your usual work, housework, or school activities? | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. Are you having any difficulty performing your usual hobbies, recreational, or sporting activities? | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. Are you having any difficulty performing heavy activities (e.g. washing floors) around your home? | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. Are you having any difficulty bending or stooping? | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. Are you having any difficulty lifting a bag of groceries from the floor? | 1 | 2 | 3 | 4 | 5 | 6 |
| | Yes, limited a lot | | Yes, limited a little | | No, not limited at all | |
| 6. Are you having any difficulty performing vigorous activities (such as running, lifting heavy objects, or participating in strenuous sports)? | 1 | | 2 | | 3 | |
| 7. Are you having any difficulty performing moderate activities (such as moving a table, pushing a vacuum cleaner, or playing golf)? | 1 | | 2 | | 3 | |
| 8. Are you having any difficulty lifting or carrying groceries? | 1 | | 2 | | 3 | |
| 9. Are you having any difficulty attending social or cultural events? | 1 | | 2 | | 3 | |
| 10. Are you having any difficulty getting into and out of your chair? | 1 | | 2 | | 3 | |

*Non-risk adjusted version

Therapist Use Only

Sum =

FS Score =

%

Initials:

| Sum | FS Score | Sum | FS Score | Sum | FS Score | Sum | FS Score | Sum | FS Score | Sum | FS Score |
|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|
| 10 | 0 | 16 | 28 | 22 | 39 | 28 | 50 | 34 | 60 | 40 | 74 |
| 11 | 10 | 17 | 31 | 23 | 41 | 29 | 51 | 35 | 62 | 41 | 78 |
| 12 | 16 | 18 | 32 | 24 | 43 | 30 | 53 | 36 | 64 | 42 | 81 |
| 13 | 19 | 19 | 34 | 25 | 45 | 31 | 55 | 37 | 66 | 43 | 84 |
| 14 | 24 | 20 | 36 | 26 | 46 | 32 | 56 | 38 | 69 | 44 | 90 |
| 15 | 25 | 21 | 38 | 27 | 48 | 33 | 58 | 39 | 71 | 45 | 100 |



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Have you had 2 or more falls or a fall/falls with injury in the past 12 months? ☐ Yes ☐ No

Do you find that your employment duties are restricted by your current condition? ☐ Yes ☐ No

Are you a current tobacco user? ☐ Yes ☐ No

PHQ-2: Over the two weeks, how often have you been bothered by any of the following problems?

| | Not at All | Several Days | More than Half the Days | Nearly Every Day |
|---|------------|--------------|-------------------------|------------------|
| Little interest or pleasure in doing things | 0 | 1 | 2 | 3 |
| Feeling down, depressed, or hopeless | 0 | 1 | 2 | 3 |

Have you been previously diagnosed with bipolar disorder? ☐ Yes ☐ No

Please review the following list of health problems that you may have. Please check the box provided directly to the left of the health condition if you experience(d) it.

| | |
|--|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Bipolar Disorder |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Allergies (<input type="checkbox"/> seasonal <input type="checkbox"/> food <input type="checkbox"/> latex/adhesives <input type="checkbox"/> meds <input type="checkbox"/> lotions/scents) |
| <input type="checkbox"/> Asthma | (list: _____) |
| <input type="checkbox"/> COPD, ARDS, emphysema | <input type="checkbox"/> Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder) |
| <input type="checkbox"/> Angina (chest pain) | <input type="checkbox"/> Visual impairment (cataracts, glaucoma, macular degeneration) |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Hearing impairment (very hard of hearing, even with hearing aids) |
| <input type="checkbox"/> Heart attack | <input type="checkbox"/> Back pain (neck pain, low back pain, DDD, spinal stenosis) |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Kidney, bladder, prostate, or urination problems |
| <input type="checkbox"/> Degenerative neurological disease | <input type="checkbox"/> Previous accidents |
| <input type="checkbox"/> Stroke or TIA | <input type="checkbox"/> Incontinence/bowel or bladder changes |
| <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Anxiety or panic disorders |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Hepatitis, tuberculosis, or other blood-borne condition |
| <input type="checkbox"/> Peripheral Vascular Disease | <input type="checkbox"/> Prior surgery |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Prosthesis/Implants |
| <input type="checkbox"/> Diabetes Type I or II | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Sleep dysfunction | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Unexplained weight change |
| <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Numbness or tingling |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Other (list: _____) |

Please provide a list of all current medications in the table below. ☐ I am not currently taking any medications.

| Medication Name (including prescription, over-the-counter, herbal, vitamin, and dietary supplements) | Dosage | Frequency | Route Taken (for example: oral, injection, inhaler, etc.) |
|---|--------|-----------|--|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Please list all surgeries, recent hospitalizations, and pertinent past medical history related to the condition for which you are seeking treatment:

| | | | |
|---|--|-------|--|
| Condition for which you're seeking treatment: | | | |
| Surgery(ies): | | Date: | |
| | | | |
| | | | |
| Recent Hospitalization(s): | | Date: | |
| | | | |
| Pertinent Past Medical History: | | | |
| | | | |

By signing, I authorize that the above information is accurate and complete to the best of my knowledge.

Signature

Date



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PATIENT POLICIES

If you are completing the forms via the Internet: Please open the "Patient Policies Packet" and read the enclosed information regarding your Bill of Rights, Brostrom Physical Therapy's HIPAA Private Policy Statement, Consent to Treatment, Financial Policy, and Cancellation and No-Show Policy. Once complete, initial in the corresponding boxes below to reflect your acceptance to comply with these Policies. **Please note that it is not necessary to print the Patient Policies Packet unless you desire a personal copy.**

If you are completing the forms in-office: Please read the attached Patient Policies Packet regarding your Bill of Rights, Brostrom Physical Therapy's HIPAA Private Policy Statement, Consent to Treatment, Financial Policy, and Cancellation and No-Show Policy. Once complete, initial in the corresponding boxes below to reflect your acceptance to comply with these Policies.

Note: A parent or legal guardian must initial each of the boxes below if you are under the age of eighteen (18).

| | |
|----------|---|
| Initial: | Client Bill of Rights: I have read The Client Bill of Rights and agree to maintain by its standards. |
| Initial: | HIPAA Privacy Policy Statement: I have been given the opportunity to read the <i>detailed</i> private policy statement. I understand this information and agree to comply with the policies set forth in the <i>detailed</i> disclosure policy. |
| Initial: | Consent to Treatment: I give my consent for treatment and assignment of claim at Brostrom Physical Therapy. |
| Initial: | Financial Policy: I authorize that I have read and understand Brostrom Physical Therapy's financial policy. I understand I am financially responsible for all charges for services rendered, including the balance remaining after all possible insurance payments or benefits. |
| Initial: | Cancellation and No-Show Policy: I have read, understand, and agree to the Brostrom Physical Therapy Cancellation and No-Show Policy. It has been explained to me and my questions have been answered to my satisfaction. By signing below, I hereby authorize my consent to Brostrom Physical Therapy to send appointment reminders electronically via text message to my mobile phone or by e-mail. I understand that this service is offered free of charge, but standard messaging rates from my mobile carrier may apply depending on my plan. I can withdraw my consent to electronic communications by calling Brostrom Physical Therapy at (248) 446-0155. Please initial in the corresponding boxes to indicate your consent to receive electronic appointment reminders: <div style="display: flex; justify-content: space-around;"><div><input type="checkbox"/> Text reminders</div><div><input type="checkbox"/> Email reminders</div><div><input type="checkbox"/> Decline electronic reminders</div></div> |

Printed name of Patient/Parent/Legal Guardian: _____

Signature of Patient/Parent/Legal Guardian: _____

Date: _____